

Aluminum causes sudden abdominal cramping, disturbed sleep, emotional instability, lethargy, comas, spinal deformities, growth retardation in children.

Aluminum is everywhere: door handles, silverware, body care products such as toothpaste, shampoo, sunscreen, refined foods, cookware and cooking utensils, Teflon pans, common table salt, aspirin, antacids, frozen dough, pancake mixes, processed cheese, cheeseburgers, infant formula, commercial teas, mylar packing, other food packaging, vitamins, some pharmaceutical medications, signs, vaccines, plumbing, street posts, cans used for pet and human food/drink.

Names of aluminum products: potassium aluminum sulfate, alum, aluminum hydroxide, magaldrate, dihydroxyaluminum, aluminum oxide, (common in antacids) magnesium stearate in vitamins. Antidiarrheal drugs contain aluminum magnesium silicate. Kaolin is an aluminum salt. Other forms of aluminum: toothpaste has sodium fluoride, phosphate fertilizers, fluorosilicic acids. and silicoaluminate.

Fred Pearce Acid Rain. Scientists now see acid, aluminum and shortages of calcium as the three determining factors in the extinction of fish. Penguin Publishing House, 1987 , What is it and what is it doing to us?

<http://earthsci.org/processes/weather/acidrain/acidrain.html>

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<http://www.igostmedia.com/Arthritis-Caused-By-Aluminum-Poisoning.html>

H. Tomlinson, M.B., Ch.B.,
M.R.C.S., L.R.C.P. in his book
*ALUMINIUM UTENSILS AND
DISEASE – The Dangers Inherent In
the Widespread Use of the Metal* 1958
[www.planetthoughts.org/?pg=pt/
Whole&qid=3023&recent=t](http://www.planetthoughts.org/?pg=pt/Whole&qid=3023&recent=t)

*There are countless resources about
aluminum poisoning. Natalie Cox 2009*

What are WE Doing?...
about Aluminum Poisoning
and with the awareness of the FACT:
Aluminum is a Toxin...

Aluminum is in OUR area.
Aluminum is in our Soil, our Air ,
and our Water.

How Aluminum is affecting us:

Aluminum is breaking down our immune system making it harder to overcome the common cold, flu, and to heal bone fractures. Aluminum is right now, at this very moment disturbing our eyesight and hearing, making it more difficult for us to communicate effectively. Aluminum right now is destroying our brains. Aluminum causes asthma and other breathing disturbances, astherixis, diarrhea, muscle weakness, speech impediments, slurred speech, stammering, motor disturbance, seizures, anemia, encephalopathy, kidney failure, bone softening. Aluminum causes eye and skin disorders and irritations, fatigue, forgetfulness, anxiety, impaired anger management, upset stomach, constipation, dizziness, multiple sclerosis, birth defects, etc

Aluminum Abstinence Therapy
Linden Health Foundation,
www.homeearthlink.net/
~joannestruve/index.html

National Autism Association
NDI- Nephrogenic Diabetes Insipidus
Foundation

World Health Organization
Agency for Toxic Substances &
Disease Registry

MSDS-Material Safety Data Sheet
American Society of Landscape
URAC-Utilization Review
Accreditation Commission
Department of Fishery and Wildlife
Biology CO State University

AAEP The American Association of
Equine Practitioners

What happens when WE
STOP using Aluminum?
It would prove that WE care about
others. We would have cleaner:
Soil: for All
Air: for Vital Breathing for All
Water: for Our Fish which for some
is Our FOOD supply
So, what are WE Doing?...
about Aluminum Poisoning and with
the FACT: Aluminum is a Toxin...
Right Now
For Our safety: rights granted for all
who wish to copy only this document

Aluminum Poisoning Bibliography
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Research Publishing Company.
Toledo 1926

Catherine Cleary Animal poisoning
raises controversy near Irish
Aluminum Smelter.
The Irish Times April 15, 1995
[http://www2.fluoridealert.org/
/Pollution/Aluminum-Industry](http://www2.fluoridealert.org/Pollution/Aluminum-Industry)

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the nervous system and its possible
link with neurodegenerative diseases.
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[http://ang.sagepub.com/cgi/content/a
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Krishna McCoy, MS master's degree
in nutrition communication from
Tufts University, written consumer
and clinical health content for print
and online publications, member of
American Medical Writer's

Association, Aluminum Toxicity
[http://www.doctorsofusc.com/conditi
on/document/164929](http://www.doctorsofusc.com/condition/document/164929)

Jennifer McGilton Drinking Water
Studies on the Effects of Aluminum,
[http://student.biology.arizona.edu/ad/
water.html](http://student.biology.arizona.edu/ad/water.html)

McLachlan, D.R. et al. "Risk for
neuropathologically confirmed
Alzheimers disease and residual
aluminum in municipal drinking
water employing weighted residential
histories." *Neurology*. 46 (1996):
401-405.

Tenna Merchant Book: He's Not
Autistic But....How We Pulled Our
Son From the Mouth of the Abyss.
... personal story of trials and
tribulations as she explored every
avenue possible to heal herself and
her son from aluminum toxicity and,
in the process, became her family's
"healer." [http://www.encognitive.com/
node/1375](http://www.encognitive.com/node/1375)

Paula Muran Silent Toxins:
Aluminum, [http://www.paulamuran.c
om/www/paulamuran/Article_Silent
%20Toxins.htm](http://www.paulamuran.com/www/paulamuran/Article_Silent%20Toxins.htm)